

OCCUPATIONAL HEALTH AND SAFETY MANAGEMENT

Acc to OHSAS 18001 and ISO45001

1. FOREWORD

The goal for this plan is to provide a safe and secure working facility and educate the employees to a safe and healthy life style.

These guidelines are reviewed every year by the quality manager.

2. SAFE AND SECURE WORKING FACILITY

Legislation

The Finnish legislation already provides the basics for safe and userfriendly and safe workplace. The workplace is reviewed and inspected every third year by the health care. Their recommendations are followed.

Workplace

Each person's workplace is regularly reviewed and equipped with modern furniture like tables with motorized adjustable table height.

Facility

The facility is regularly inspected and have in case of emergencies an Escape Plan made up. The facility is equipped with fire alarms and distinguishing equipment.

Personal Protection

The personnel are all equipped with personal safety equipment: shoes, glasses, gloves, dress, gas monitors.

In the storage level, safety shoes shall be used. When working with machines on installation, additionally safety glasses shall be used.

A regular safety training is performed every third year in Occupational Safety. A Card is received for the training (työturvallisuuskortti)

First Aid

The company keeps trained on regular basis for first aid.

3. HEALTHY LIFE STYLE

The company is taking care that every employee get educated in a healthy life style.

This is done by providing working tools and equipment to avoid stress to the body, by educating the personnel in healthy food, good sleeping and exercising.

Every year the status of the personnel is reviewed by an exercise test usually held in Vierumäki.

An individual exercise program is built up for the year with defined targets. Additionally lectures in healthy life style is also carried out.

The company is also supporting exercise activity during the year and support a healthy lifestyle program with weekly targets.

A healthy lifestyle is supported by free personal training from Smartum

4. MANAGEMENT

The responsible for the safety is the managing director, the board of safety that have a meeting every month discuss situations and improvements for a better safety.

The health program is managed by the director together with the personnel, the content discussed and decided during the monthly meetings.

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